

The APBC is a founding member of the industry regulating body, the Animal Behaviour and Training Council (ABTC). Members include the BVA, BSAVA and BVNA.

The APBC encourages veterinary practices to refer to ABTC members. ABTC trainers and behaviourists are qualified, assessed and regulated.

Provisional members are not permitted to use the APBC logo on any other documentation, with the exception of this referral form.

#### REFERRAL FORM

SIGNED (CLIENT)

## For Behaviour Consultation

Behaviour problems may arise both directly and indirectly as a result of concurrent or previous medical conditions. Veterinary involvement is therefore essential to diagnose any causes of, or contribution to the problem that will require veterinary treatment. This may be prior to or alongside behaviour modification for any given case. In order to safeguard the welfare of your patient and indicate your approval for referral, please complete the following form:

VETERINARY SURGEON DETAILS						
REFERRING VETERINARIAN						
PRACTICE NAME AND ADDRESS						
			POSTCODE			
TELEPHONE	EMAIL					
CLIENT DETAILS						
OWNER'S NAME						
PATIENT'S NAME/ AGE/ SPECIES AND BREED						
GENDER/ NEUTERED STATUS AND DATE OF NEUTERING	ì					
PASSPORT/MICROCHIP NO. (IF RELEVANT)			DATE OF LAST HEALTH CHECK			
PRESENTING PROBLEM						
I HEREBY ACKNOWLEDGE MY APPROVAL FOR THE CLIENT DESCRIBED ABOVE TO BE REFERRED FOR MANAGEMENT, TRAINING AND/OF BEHAVIOURAL THERAPY REGARDING THE CURRENT PROBLEM TO:						
APBC MEMBER CONTACT DETAILS Karen Jufferma	ans					
	WEBSITE WW	w.happ	ycats.londor	1		
TELEPHONE 07707313291	EMAIL info@happycats	⊔ info@happycats.london				
THE ABOVE MAY NEED TO DISCUSS SIGNS OF SPECIFIC MEDICAL CONDITIONS WITH YOU, THE REFERRING VETERINARIAN, DURING THE COURSE OF THEIR WORK. THIS IS AT NO TIME TO BE TAKEN AS AN ATTEMPT TO DIAGNOSE ANY MEDICAL CONDITION UNLESS THE MEMBER IS THEMSELVES A QUALIFIED VETERINARIAN WHO EXPLICITLY STATES A DIAGNOSIS.						
PLEASE TICK APPROPRIATE BOX:	MEDICAL LIICTORY CLIE	אסן ובט פע	DOST	PHONE	EMAIL	
MEDICAL HISTORY ACCOMPANIES THIS FORM	MEDICAL HISTORY SUF	PLIED BY	POST	PHONE	EWAIL	
SIGNED (VET) MRCVS	DATE:					
I,, THE OWNER/PERSON WITH FULL LEGAL RESPONSIBILITY* OF THE ABOVE NAMED ANIMAL, CONSENT TO THE DISCLOSURE OF CLINICAL INFORMATION REGARDING THIS ANIMAL BY MY VETERINARY SURGEON FOR THE PURPOSES OF BEHAVIOUR THERAPY. I HEREBY AUTHORISE MY VETERINARIAN AND BEHAVIOURIST TO DISCLOSE DETAILS ABOUT AND DISCUSS THIS CASE. * PLEASE STATE CAPACITY						

DATE:

#### WHO AM I REFERRING TO?

The APBC has two categories of practitioners (CAB & ABT):

### Clinical Animal Behaviourists (CAB), includes Veterinary Behaviourists (VB)

- Assess and evaluate animals that are demonstrating undesirable or inappropriate behaviour.
- Develop behaviour modification and/or environmental modification plans.
- Veterinary Behaviourists are also qualified Veterinary Surgeons.

#### **Animal Behaviour Technicians (ABT)**

- Design and implement programmes to provide preventative and first-aid behavioural advice.
- Support implementation of behaviour modification and/or environmental modification plans designed by CAB or VB.

Each category has three sub-levels (Full, Provisional and Student): Note: Student members are not allowed to see cases

	APBC MEMBERSHIP DESCRIPTIONS				
	FULL APBC MEMBER  CAB/VB or ABT	PROVISIONAL APBC MEMBER CAB/VB or ABT	STUDENT APBC MEMBER CAB/VB or ABT		
Have been assessed as having the <b>Knowledge and Understanding</b> required to meet the standards of Animal Behaviour and Training Council (ABTC)	Yes	Yes	Not yet		
Have been assessed as having the <b>practical competence</b> required to meet the standards of Animal Behaviour and Training Council (ABTC).	Yes	Working towards this (May be supported by a Full Member)	Not yet		
Able to practice under the APBC name	Yes	Yes	No		
Able to use the APBC logo	Yes	No	No		
Required to have own insurance	Yes	Yes	N/A		

#### THE REFERRAL PROCESS

Veterinary Surgeons are encouraged to comply with Section 5 of the RCVS Code of Professional Conduct as for any referral.

All Provisional and Full APBC members (CAB/VB) work solely on veterinary referral, regardless of species.

Owners approaching APBC members before veterinary referral will be directed back to their Veterinary Surgeon

#### Owner requests referral from Veterinary Surgeon OR Veterinary Surgeon initiates referral to an APBC CAB/VB



#### Owner consent gained by completion of this form

A non-veterinary CAB, may wish to discuss a case and share both personal data and the clinical history with a Veterinary Behaviourist. Client consent for this must also be gained at the time of the initial referral being made.



#### Full and complete medical history provided to CAB/VB

This allows the CAB/VB to consider the patient's prior experiences, including any periods of illness/pain/hospitalisation which can influence later behaviour.



#### Ongoing communication between the referring veterinarian and CAB/VB

The CAB/VB may contact the referring veterinarian for further clarification of clinical information if required.



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To Whom It May Concern

This letter is to explain the expertise of a Provisional member of the APBC.

The Association of Pet Behaviour Counsellors (APBC) is an international network of experienced and qualified animal behaviour counsellors established in 1989 who, on referral from veterinary surgeons, treat behaviour problems in dogs, cats, birds, rabbits and other animals.

In order for veterinarians to feel confident about referrals, members of the APBC have to have the highest professional standards, knowledge, handling skills and expertise. A rigorous selection procedure is in place to assess applicants to ensure they meet the high standards with the Animal Behaviour and Training Council (ABTC) www.abtc.org.uk, currently working towards RCVS accreditation status..

We have two membership levels that can conduct behaviour consultations, Full members and Provisional members. Full members have been assessed for all ABTC Clinical Animal Behaviourist (work with animals that are demonstrating all types of undesirable, inappropriate, problematic or dangerous behaviour) or Animal Behaviour Technician criteria (design and implement programmes to provide preventative and first-aid behavioural advice, and work with CAB or VB in the implementation of behaviour modification and/or environmental modification plans, developed by the CAB or VB following assessment/evaluation of an animal by that same CAB or VB).

Provisional members of the APBC have completed the necessary academic requirements and are gaining the practical experience necessary for full membership. In order to assist their progress towards full membership, provisional members conduct behaviour consultations on veterinary referral (See "What Constitutes a Veterinary Referral") within the framework of support provided by APBC Full members. This includes seminars, forums, case discussion and support groups. Full and Provisional members are required to perform a minimum of 30 hours of CPD (Continuing Professional Development) annually.

For any further information on any aspect of the APBC please contact us.

Anne McBride

June Meknoz





# Information for Veterinary Professionals Updated 27th June 2023

## How Members of The Association of Pet Behaviour Counsellors Can Help You

#### What Constitutes a Referral to a Behaviourist?

- The APBC has two categories of membership: Clinical Animal Behaviourists (includes Veterinary Behaviourists) and Animal Behaviour Technicians.
- Clinical Animal Behaviourists (CAB) and Veterinary Behaviourists (VB) work with animals that are demonstrating all types of undesirable, inappropriate, problematic or dangerous behaviour. They only see clients on veterinary referral. See <a href="https://abtc.org.uk/owners/types-of-practitioners/">https://abtc.org.uk/owners/types-of-practitioners/</a>
- Animal Behaviour Technicians (ABT) design and implement programmes to provide preventative and first-aid behavioural advice, and work with CAB or VB in the implementation of behaviour modification and/or environmental modification plans, developed by the CAB or VB following assessment/evaluation of an animal by that same CAB or VB. See <a href="https://abtc.org.uk/owners/types-of-practitioners/">https://abtc.org.uk/owners/types-of-practitioners/</a>
- 4. Only Provisional and Full APBC members are able to practice under the APBC name (see points 32-34).
- 5. Student members are not allowed to practice under the APBC name.
- 6. The APBC continues to recognise a strong link between the veterinary surgeon and the behaviourist in all cases, not least because of the link between some medical conditions and behavioural signs. The APBC emphasises the importance of being part of the Vet-Led Team in that it requires that all its provisional (see point 32-33) and full CAB/VB members work solely on veterinary referral, regardless of species.
- 7. Thus, a potential client who contacts the CAB/VB directly is asked to contact their veterinary surgeon prior to an appointment being made.
- 8. A client can request a referral from their veterinary surgeon, or a veterinary surgeon can initiate a referral to a CAB/VB. In both cases following discussion with the client, a clinical assessment of the case will need to be made.

- 9. A referral can take many forms. Some are more formal as in the completion of a referral form and some less so, in the form of an email communication or telephone conversation.
- 10. It is advisable to use the most convenient method for all involved, particularly to ensure the ease of the process for the referring veterinary surgeon in terms of time undertaken.
- 11. It is recommended that both the CAB/VB and the veterinary practice note the referral on their records for the animal, and whether it was from 'the practice' or a named veterinary surgeon.
- 12. We recommend that a named veterinary surgeon is provided as point of contact.
- 13. The CAB/VB should be provided with the animal's full medical history, shared with the client's consent.
- 14. This is to assist the CAB/VB in understanding the animal's full behavioural history as periods of illness/pain/hospitalisation at any point in the animal's life can influence aspects of later behaviour.
- 15. It is preferable and strongly recommended for a clinical examination to be carried out within a reasonable time before the behaviour consultation. This will assist in establishing whether there is any involvement of a current/recent medical condition in the behavioural signs. However, it is appreciated that this may not always be practical, or indeed possible, given individual animal temperaments and other extenuating circumstances. Individual discretion should be used on a case-by case basis by the veterinary surgeon and CAB/VB and adjusted as the behavioural modification process requires.
- 16. The referring veterinary surgeon should be kept informed by the CAB/VB of the outcome and any developments of the case. This should include an initial written report and further communication as appropriate to the individual case.
- 17. Maintaining such communication is core to the working of the Vet-Led Team.
- 18. This should be a reciprocal arrangement so that any drugs prescribed or treatment relevant to the behaviours are shared with the CAB/VB.
- 19.APBC CAB/VB members may discuss the options for using psychoactive medications with a client as part of a behaviour modification programme. However, unless they are a veterinary behaviourist (see point 21), they must not discuss the use of specific medications with a client as this remains the responsibility of the referring vet. Instead, the APBC member should explain to the client that they will contact the referring vet about the possible use of medication to assist in the behavioural advice being given.
- 20. The Behaviourist may suggest the use of medication to the referring vet as part of case discussions. In line with the Veterinary Surgeons Act, non-veterinary behaviourists may discuss, but not advise, with regard to specific classes of drugs or individual medications. The decision of which medications to use and the prescribing of these remains the responsibility of the referring/prescribing vet.

- 21. Veterinary behaviourists may hold more specific discussions with a client regarding particular medications, and may also prescribe if they choose. However, the APBC recommends that open communication regarding the use of medication should be continued between the veterinary behaviourist and the referring vet as part of the referral process.
- 22. Some veterinary practices may have a long-standing relationship with a Behaviourist and the APBC encourages its members to build relationships with local practices and inform them of the merits of APBC membership in terms of being able to see cases on referral. This should help clarify any confusion of the appropriateness of referring to both full and provisional APBC members.
- 23. The APBC encourages veterinary practices to refer to appropriately qualified behaviourists. It is a founding member of the Animal Behaviour and Training Council (ABTC). The Animal Behaviour and Training Council sets and maintains standards of knowledge and practical skills needed to be an animal trainer, training instructor or animal behaviourist and maintains the national Register of appropriately assessed animal trainers, instructors and behaviourists. ABTC requires members of practitioner organisations to reach and maintain set standards to be included on the Register.
- 24. The ABTC has wide support from across the veterinary professional bodies; BVA, BSAVA and BVNA and from all the major animal welfare organisations, including RSPCA, Dogs Trust, Cats Protection, the Horse Trust and NEWC.
- 25. Thus, referring to an ABTC registered practitioner ensures that the Behaviourist has proven their competence by a fully assessed procedure, and that there is a formal complaints process if necessary.
- 26. It is worth noting that the terms Clinical Animal Behaviourist (CAB), Veterinary Behaviourist (VB) and Animal Behaviour Technician (ABT) are **not** protected. They are used by individuals who have **not** been assessed to the ABTC standard.
- 27. Hence the ABTC has established standard post-nominals that practitioners on the ABTC Registers may use. These are for Animal Trainer (AT), Animal Training Instructor (ATI), Animal Behaviour Technician (ABT), Accredited Animal Behaviourist (AAB), Clinical Animal Behaviourist (CAB), Veterinary Behaviourist (VB) and Expert Witness (EW)
- 28. The format is set out below:
  - Animal Trainer ABTC-AT
  - Animal Training Instructor ABTC-ATI
  - Animal Behaviour Technician ABTC-ABT
  - Accredited Animal Behaviourist ABTC-AAB
  - Clinical Animal Behaviourist ABTC-CAB
  - Veterinary Behaviourist ABTC-VB
  - Expert Witness ABTC-EW
- 29. While the use of the post-nominals is not compulsory, practitioners are encouraged to use them. When a practitioner is on more than one register multiple post-nominals may be used e.g. J Blogs ABTC-AT, ABTC-CAB.

- 30. All ABTC registered practitioners, including all APBC practitioners, use scientific based, welfare friendly practices appropriate for the case in hand. Their competence is assured by practical assessment and CPD is required to ensure their knowledge is current.
- 31. There are a number of approved routes for an individual to attain qualification as an ABTC Clinical Animal Behaviourist. All require the same level of knowledge and understanding and assessed performance skills. Some behaviourists may refer to themselves as 'Certified Clinical Animal Behaviourists' (CCAB) whilst others use CAB. Those who gained their CCAB status prior to April 2023 were assessed by the ASAB accreditation process. This was another route to becoming a CAB and being able to register with the ABTC. This route is no longer available as ASAB Accreditation has been closed. The term CCAB has been taken over by a new organisation CCAB Certification Ltd. At the time of writing (18 May 2023) the standards and assessment processes of this new organisation have not been recognised by the ABTC.
- 32. Both provisional and full members of the APBC working as Clinical Animal Behaviourists, Veterinary Behaviourists or Animal Behaviour Technicians have achieved the relevant academic qualifications for knowledge and understanding.
- 33. Provisional members are working to gain requisite practical experience prior to achieving full membership through assessment of performance skills. They are often supported by APBC full members.
- 34. Both Full Members and Provisional Members are required to have appropriate insurance.
- 35. Should a veterinarian/veterinary practice have any queries about referring to an APBC member, please view the APBC code of conduct (<a href="https://www.apbc.org.uk/code-of-conduct-and-complaints-procedure/">https://www.apbc.org.uk/code-of-conduct-and-complaints-procedure/</a>). If this does not answer their query, they should contact the APBC office (info@apbc.org.uk)
- 36. Should a veterinarian/veterinary practice have any complaint about an APBC member, they should refer to the APBC complaints process (<a href="https://www.apbc.org.uk/code-of-conduct-and-complaints-procedure/">https://www.apbc.org.uk/code-of-conduct-and-complaints-procedure/</a>) and lodge their complaint with the APBC office (info@apbc.org.uk)
- 37. Further information about APBC members can be found here: https://www.apbc.org.uk/referrals/.
- 38. Further information about ABTC registers can be found here: <a href="https://abtc.org.uk/practitioners-info">https://abtc.org.uk/practitioners-info</a>
- 39. This APBC document is in line with that of the Animal Behaviour Training Council guidance "How to find a qualified, assessed and regulated Behaviourist and what constitutes a Referral to a Behaviourist"